

**Cardiff Critical Care
Faecal Management System
Protocol**

Patient Assessment:

The following protocol must be completed and filed in the medical notes prior to FMS use; deviation from the protocol must be documented and addressed by a senior clinician.
All variables must have been addressed before an FMS is considered:

Patient risk assessment Parameters	Indicate
C. Diff / MC&S - as medically advised - samples sent indicate	Yes / No
Laxatives have been stopped / pro kinetics reviewed \geq 12hrs	Yes / No
Sando - K / Phosphate meds containing Sorbitol are not being administered	Yes / No
No continuous NG water is being administered use IV or NG bolus	Yes / No
Feed prep is appropriate and containing fibre (special requirements - consult dietician)	Yes / No
Faecal drainage bag has failed and or is inappropriate indicate	Yes / No
Culture negative samples / C. Diff X 1 negative sample Consider a prescription for loperamide - initially 2mg tds \geq 12 hrs	Yes / No

All parameters have been addressed and have failed to control the diarrhoea, the patient is deemed at risk, if you have answered No to any of the above seek advice – indicate

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Device Placement:

- Patient is > 18yrs and is bed bound
- Has diarrhoea type 6 -7 on Bristol Stool chart and
- Has had > 3 episodes in 24hrs

There are no contraindications to FMS placement - you must answer No to all questions below

Placement risk assessment Parameters	Indicate
Is the patient allergic to any components of the kit / Silicone?	No
Has the patient had lower bowel / rectal surgery within 12 months?	No
Does the patient have suspected / confirmed rectal mucosal impairment?	No
Patient has rectal or anal injury?	No
Patient has a confirmed rectal / anal tumour, stenosis or stricture?	No
Does the patient have haemorrhoids of significant size / symptoms?	No
Does the patient have any in-dwelling or anal device i.e. Thermometer or delivery mechanism e.g. suppositories in place?	No

Digital Rectal examination	Indicate
Poor or lacking anal tone / rectal / anal injury, stenosis, stricture, tumour?	No
Faecal impaction? - if yes do not use FMS, treat condition	No

If you have answered Yes to any of the above seek advice –specify actions:.....
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.....

If there are relative contraindications seek senior or specialist medical advice

Patient consent / Best interests decision (MCA 2005) – indicate reasoning:

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**FMS inserted to black marker and mls water inserted via inflation portal
(Please document fluid inserted and date by applying label on device also)**

Protocol followed - Signed Date...../...../..... PTO

Care of Faecal Management System

Patient Care Plan:

It is essential that the following are checked whenever rolling patient, or as indicated:

- Universal infection control procedures should be adhered to and PPE worn
- Monitor bowel output / record when emptied on daily fluid chart
- Check Black line is visibly in line with anus
- Consistency of stool is compatible with use of device (Type 6 / 7 Bristol Stool Chart)
- Flush (flush port) 12 hourly with 40mls warm sterile water and document in notes
- Check Skin Integrity, for soreness or pressure damage.
- Tube position correct i.e. between patients legs and not kinked
- Check Bag replace and dispose of in accordance with local policy when full
- Check device is draining freely, irrigate (irrigation port) with sterile water as necessary
- Observe patient for any pain, PR bleeding or soreness, abdominal distension and report if present
- Ordered samples sent: Date..... /Date...../Date...../Date.....

MAX time in situ 29 days - projected date for removal.....

Care undertaken in accordance with management section – sign.

WEEK 1 Commence: Date.....	Sign	WEEK 2 Commence: Date.....	Sign	WEEK 3 Commence: Date.....	Sign	WEEK 4 Commence: Date.....	Sign
Day		Day		Day		Day	
Night		Night		Night		Night	
Day		Day		Day		Day	
Night		Night		Night		Night	
Day		Day		Day		Day	
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Night		Night		Night		Night	
Day		Day		Day		Day	
Night		Night		Night		Night	Remove

Diarrhoea has ceased >48hrs – Removal indicated?

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Signed Date...../...../.....

Issues / Risks Identified – indicate Yes / No:

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Reported to.....Action taken:.....

Expand in patient care plan if necessary

Signed Date...../...../.....

Deviation from process Yes / No
Indicate and document in patient notes

.....
Signed Date...../...../.....
Any adverse events should be documented utilising the clinical incident reporting process.